

DRINKING WITH DIABETES AGREEMENT

Person With Diabetes

I recognize that as a person with diabetes, I am posed with a series of unique dangers when it comes to alcohol. I face and commit to you that I will do everything in my power to avoid making decisions that will jeopardize my health, my safety and overall well-being, or your trust in me. I understand the dangers associated with the use of alcohol and that type I diabetes increases these risks.

By signing below, I pledge my best effort act in minimize the risk associated with alcohol and diabetes; I agree that I will never drive under the influence and I agree that I will never ride with an impaired driver. I agree to speak to my friends about issues unique to diabetes and alcohol.

Finally, I agree to call you if I am ever in a situation that threatens my safety and to communicate with you regularly about issues of importance to both of us. I pledge that if I am ever in a situation that requires medical help that I will seek it out and call you.

Signature

Parent or Caring Adult

I am committed to you and to your health and safety. By signing below, I pledge to do everything in my power to understand and communicate with you about the many difficult decisions you face.

Further, I agree to provide for you safe, sober transportation home if you are ever in a situation that threatens your safety.

I agree to help you get appropriate medical assistance if it is needed to address the complications of alcohol and your diabetes.

I pledge a first time no-fault response if you call for help. I promise to defer discussions about that situation until a time when we can both have a discussion in a calm and caring manner.

Parent/Caring Adult